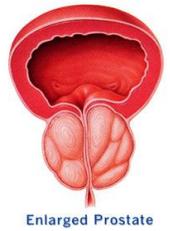


Prostate disorders and Homeopathy

Prostate disorders are not just affecting elderly men; prostate disorders are much more common than would be expected in middle-aged individuals. For example, over **half of 40-59 year** men have enlarged prostates, and, although most will not develop clinically significant disease, **one in four male of 50-year olds have some cancerous cells in their prostate.**

Prostate disorders are associated with age-related changes in steroid sex hormones. After age 40, testosterone declines, and a testosterone variant called dihydrotestosterone (DHT) and the female-associated hormone estrogen increase.



Homeopathy is a nature healing system and it cures the illness from its root...

How can homeopathy help?

In conventional medicine, surgery is often recommended and can be effective. However, surgical treatment at times can result in incontinence and sexual dysfunction and other age-related complications. Properly prescribed homeopathic remedy can heal the symptoms of prostate enlargement, restoring the state of health. But make sure that these remedies must be used with professional help only. Homeopathy is a popular alternative healing system that offers several remedies for prostate disorders.



Symptoms:

- Need to urinate often especially during nighttime
- Difficulty in starting or stopping the urine flow
- Inability or difficulty to urinate
- Weak and decreased or interrupted urine stream
- Feeling of not being able to empty the bladder
- Burning sensation and pain during urination
- Painful ejaculation
- Appearance of blood in one's urine or semen

Useful Supplements:

- Zinc 15mg a vital mineral for prostate health.
- Fish Oils 1 to 2 grams may help.
- Saw Palmetto – this herb may reduce inflammation, swelling and slow down prostate growth.
- Antioxidant dense multivitamin and mineral formula (vitamins C, E, natural beta-carotene and selenium).

Diet and lifestyle: *Alcohol, smoking and caffeine* are all best avoided as these just add to the burden of detoxification on the body. The diet should be *low in saturated fat* e.g. *red meat, full-fat dairy foods, pastry, cakes and biscuits.* Sugar is best avoided. A whole food diet is best, eating ample *raw fruit and vegetables* (especially *tomatoes*).

Testimonial

"I am 65 year old, I was suffering with prostate problem, my doctor advised me to go for the surgery but I know through my experience that Homeopathy works great on this kind of illness. And now after 5 months of homeopathic treatment, I am much much better than before. I want to continue with my treatment. Thank you Mehmood for helping me!" ~Kehya, Rotterdam, NL

Contact here to make an appointment!

London practice address:

Pulborough Road 88
London, SW18 5UJ, UK
Tel: (+ 44)- 78- 33592015
Email: abduhayee.m@gmail.com
Website: www.homeopathyforeveryone.com

Amsterdam practice address:

Krugerplein 21 HS
1092 KA, Amsterdam, NL
Tel: (+ 31)- 6-16093840
Twitter: @Mehmood_A_Hayee
Skype: mehmood.abdul.hayee

Mehmood Abdul Hayee is an author of two books. He did his *research master* from *Hahnemann Institute the Netherlands*. He has spent last ten years in conducting research in Homeopathy. He runs his **practice in the Netherlands and in U.K (Amsterdam & London)**; where he is involved in dealing both acute & chronic cases. He is a *member of the Dutch & U.K Organization of Homeopaths*. He has given several lectures in different homeopathic schools in the Netherlands.

